

First Visit Reminder Form



Before Your First Visit

Please confirm that you have completed and delivered the following forms:

- **New Patient Form** – FAX to 603-821-0273 or mail to: Sage Integrative Medicine, 92 Portsmouth Ave, Suite 10, Exeter, NH 03833.
- **Medical Record Request Form** – Provide to your previous primary care providers 30 days prior to your visit. If necessary, you may bring your Medical Records with you for your first visit.

On Your First Visit

Please show up at 20 minutes prior to the start of your first and bring with you:

- New Patient Form (if you did not submit earlier)
- Medical Records (if you did not submit earlier)
- List of medications and/or supplements including dosage
- Photo ID
- Paperwork provided by other medical professionals or insurance company

Tips for Your First Visit

- Sage Integrative Medicine is a safe and confidential place.
- You can share your concerns freely.
- Be encouraged to ask Dr. Roemmelt any question you have.
- Don't hesitate to ask for information to be repeated or for more information.
- Listen carefully and take notes if you like.
- Try to be on time for your appt. so you have plenty of time with Dr. Roemmelt.
- Payment is due at the time of your visit.

Before You Leave

- We will print out your summary letter and you and Dr. Roemmelt will review together.
- We will print out your claim sheet with medical codes to submit to insurance, when appropriate.

Thank you,

Your friends at *Sage Integrative Medicine*